

March 3, 2019

8th Sunday in OT

Last Sunday for the singing of the Alleluia before the Easter Vigil. Ordo suggests that “this acclamation might be enhanced through hymns, canticles, refrains, and other festive musical settings.

Ash Wednesday – March 6, 2019

Day of universal fast and abstinence

Ashes are normally blessed and imposed after the homily. The ordinary minister for the blessing of ashes is the priest or deacon. Extraordinary ministers of Holy Communion may assist with the imposition of ashes where there is genuine need, especially for the sick and shut-ins.

Pastoral Note: The Penitential Rite is omitted at the beginning of Mass (the Distribution of Ashes replaces the Penitential Rite).

Pope’s Prayer Intentions

Many people conclude the Rosary, the Divine Mercy Chaplet and other prayers and devotions by “praying for the intentions of the Holy Father.” The *Ordo* lists the papal prayer intentions each month. Parishes are encouraged to publish the papal prayer intentions in their Sunday bulletins.

“To better know ‘the concrete problems that trouble the Universal Church, especially those of the missions,’ the Holy Father asks that his monthly intentions be ‘the object of knowledgeable and responsible prayer on the part of the people of God’” (*Ordo*).

March

That Christian communities, especially those that are persecuted, feel that they are close to Christ and have their rights respected.

April

For doctors and their humanitarian collaborators in war zones, who risk their lives to save the lives of others.

Rite of Election – Saint Peter Catholic Church

Saturday, March 9th @ 7pm

Sunday, March 10th @ 3pm

Please make sure that you have contacted Anthony Marchica (561-775-9548) concerning the Elect/Catechumens and Candidates that are arriving on those days.

Tuesday, March 12, 2019

Priest Lenten Day of Reflection

Our Lady of Florida Spiritual Center

Rev. Stephen Olds

Gentle Reminder - Lent – Prayer over the People

You will notice that a “Prayer over the People” is included on all the days of Lent. During the weekdays of Lent this prayer is optional but you must do the prayer on the Sundays of Lent.

LENT

Our observance of Lent begins on Ash Wednesday, a day of fast and abstinence for Catholics. At Mass on Ash Wednesday (March 6, 2019), the imposition of ashes replicates an ancient penitential practice and symbolizes our dependence upon God's mercy and forgiveness.

During Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the [Rite of Christian Initiation of Adults](#), a period of learning and discernment for individuals who have declared their desire to become Catholics.

The three traditional pillars of Lenten observance are [prayer, fasting and almsgiving](#). The Church asks us to surrender ourselves to prayer and to the reading of Scripture, to fasting and to giving alms. The fasting that all do together on Fridays is but a sign of the daily Lenten discipline of individuals and households: fasting for certain periods of time, fasting from certain foods, but also fasting from other things and activities. Likewise, the giving of alms is some effort to share this world equally—not only through the distribution of money, but through the sharing of our time and talents.

The key to fruitful observance of these practices is to recognize their link to baptismal renewal. We are called not just to abstain from sin during Lent, but to true conversion of our hearts and minds as followers of Christ. We recall those waters in which we were baptized into Christ's death, died to sin and evil, and began new life in Christ.

What is the Church's official position concerning penance and abstinence from meat during Lent?



In 1966 Pope Paul VI reorganized the Church's practice of public penance in his "Apostolic Constitution on Penance" (*Poenitemini*). The 1983 revision of the Code of Canon Law incorporated the changes made by Pope Paul. Not long after that, the U.S. bishops applied the canonical requirements to the practice of public penance in our country.

To sum up those requirements, Catholics between the ages of 18 and 59 are obliged to fast on Ash Wednesday and Good Friday. In addition, all Catholics 14 years old and older must abstain from meat on Ash Wednesday, Good Friday and all the Fridays of Lent.

Fasting as explained by the U.S. bishops means partaking of only one full meal. Some food (not equaling another full meal) is permitted at breakfast and around midday or in the evening—depending on when a person chooses to eat the main or full meal.

Abstinence forbids the use of meat, but not of eggs, milk products or condiments made of animal fat.

Exemptions from the Lenten Fast

Besides those outside the age limits, those of unsound mind, the sick, the frail, pregnant or nursing women according to need for meat or nourishment, manual laborers according to need, guests at a meal who cannot excuse themselves without giving great offense or causing enmity and other situations of moral or physical impossibility to observe the penitential discipline.

Saturday, March 30, 2019

Catholic Women's Conference – Catholic Women of Faith, Women of Grace

Valerie Panciera-Rieth

Our Lady Queen of the Apostles, Royal Palm Beach

More information and registration forms are available at the following websites:

www.pbdccw.org/catholic-women-of-faith-women-of-action

Chrism Mass

April 16, 2019

Cathedral of Saint Ignatius Loyola

11am

Planning for the Easter Vigil/Easter Sunrise Mass

Sunset on April 20, 2019

7:50pm

Sunrise on April 21, 2019

6:45am

Gentle Reminder

There is only one Vigil Mass for the Easter Vigil. "Pre Vigil" Vigil Masses, regardless of the title given to them, may exist in some denominations, but they do not exist in the Roman Catholic Church.

If the youth in your Confirmation program have a conflict with the date assigned to your parish, they are welcome to receive the Sacrament of Confirmation at another ceremony with the Bishop or at the Easter Vigil.

Confirmations

March 3, 2019	10:30am	Saint Martin de Porres (Jensen Beach)
March 3, 2019	5pm	St Paul of the Cross (NPB)
March 9, 2019	10:30am	St Jude (Tequesta)
March 16, 2019	11am	St Lucie (Port St Lucie)
March 16, 2019	5:30pm	Emmanuel (Delray Beach)
March 17, 2019	10:30am	St Andrew (Stuart)
March 17, 2019	5pm	Cathedral (PBG)
March 23, 2019	5:30pm	St Patrick (PBG)
March 24, 2019	11:30am	St Sebastian (Sebastian)
March 24, 2019	4pm	Holy Redeemer (Palm City)
March 30, 2019	4pm	Sacred Heart (Lake Worth)
March 31, 2019	11am	St Anastasia (Fort Pierce)
April 5, 2019	5pm	St Vincent Ferrer (Delray Beach)
April 6, 2019	11am	Sacred Heart (Okeechobee)
April 6, 2019	5pm	Holy Cross (Indiantown)
April 7, 2019	12pm	St Mark (Boynton Beach)
April 12, 2019	5:30pm	Holy Name of Jesus (WPB)

American Federation Pueri Cantores

Miami Choral Festival and Mass

(Grades 4 – 12)

Saturday, March 30, 2019

3pm

**St Bonaventure Catholic Church
1301 SW 136th Ave, Davie, FL 33325**

Registration/Questions

(714) 633-7554

www.pcchoirs.org

Ritual of Burning Palms

For those parishes that collect palms from parishioners to burn before Ash Wednesday, I have included a sample ritual. Remember that no kerosene or gasoline can be added to the palms. You may add some olive oil to the ash residue so that it adheres to the forehead.

Ritual for Burning of Palms

Presider:

In the name of the Father, and of the Son, and of the Holy Spirit.

All:

Amen.

Opening Prayer

Presider:

God of tender mercy,
you fashioned us from the dust of the earth
and bid us follow your Gospel call
in the company of the Church.
Look on us with kindness
as we prepare the ashes
which will mark the beginning of our Lenten journey
grant that we who make the desert pilgrimage
might come to the font of rebirth
with a renewed passion for justice.
May our aims serve your people
and bring us peace,
may prayer sanctify all our needs,
and may we come at last to the table you set
in the place where you reign with Christ
and the Holy Spirit for ever and ever.

All:

Amen.

Scripture Reading

Lector:

A Reading from the Book of the Prophet Isaiah 58: 5 - 10

Is this the manner of fasting I wish, of keeping a day of penance: that a man bow his head like a reed, and lie in sackcloth and ashes? Do you call this a fast, a day acceptable to the Lord? This, rather, is the fasting that I wish: releasing those bound unjustly, untying the thongs of the yoke; setting free the oppressed breaking every yoke; sharing your bread with the hungry, sheltering the oppressed and the homeless; clothing the naked when you see them, and not turning your back on your own.

Then your light shall break forth like the dawn, and your wound shall quickly be healed; your vindication shall go before you, and the glory of the Lord shall be your rear guard.

Then you shall call, and the Lord will answer, you shall cry for help, and he will say: Here I am! If you remove from your midst oppression, false accusation and malicious speech; if you bestow your bread to the hungry and satisfy the afflicted; then light shall rise for you in the darkness, and the gloom shall become for you like midday.

The Word of the Lord.

All: Thanks be to God.

Psalm and Burning of Ashes

The lector or choir leads the assembly in Psalm 51 as the palms are burned.

Psalm 51

Have mercy on me, God in your kindness.
In your compassion blot out my offense.
O wash me more and more from my guilt
and cleanse me from my sin.

My offenses truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.

That you may be justified when you give sentence
and be without reproach when you judge.
O see, in guilt I was born,
a sinner was I conceived.

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.
From my sins turn away your face
and blot out all my guilt.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your Holy Spirit.

Give me again the joy of your help;
with a spirit of fervor sustain me,
that I may teach transgressors your ways
and sinners may return to you.

O rescue me, God my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.

For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.

In your goodness, show favor to Zion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.

Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning is now and will be for ever. Amen.

BLESSING

The ritual concludes with the blessing of ashes.

Presider:

Lord,

bles these ashes +

by which we show that we are dust.

Pardon our sins

and keep us faithful to the discipline of Lent,

for you do not want sinners to die

but to live with the risen Christ,

who reigns with you for ever and ever.

All:

Amen.

If Mass follows - after the blessing, the presider together with the people, make a procession towards the Church. The people may sing an appropriate hymn. When the presider has reached his place in the sanctuary, he faces the people and begins the opening prayer of the Mass. The Mass continues in the usual manner.

Extraordinary Ministers of Holy Communion

The Church is grateful for the presence of dedicated and faithful Extraordinary Ministers of Holy Communion (EMHC) who lovingly assist the priests and deacons at both the Sunday and weekday Mass.

Many of our parishes in South Florida are so large that the thought of distributing Holy Communion without the assistance of the laity is incomprehensible. Their love for the Eucharist, their parish, and the Church, is a testament to their faith and is an inspiration to the clergy whom they assist.

Each time we celebrate the Holy Eucharist we have the awesome privilege of participating in the eternal banquet of heaven. God the Father is the host of this banquet, the faithful are the special guests and we, the priests of God, *in persona Christi*, have been assigned a role of service at the banquet. When we are invited to dinner at a restaurant there is usually a host, guest(s) and servers. The roles are usually not interchangeable, and rarely would the invited guests at table be asked to take on the role of server, busboy, dish washer or cook.

The ordinary role of service has been reserved to the bishops, priests and deacons, ordained to serve and minister at table (*NDRHC*, 26, 27). This “ordinary ministry” is meant to be an act of service, offered to God for the holy people of God. At no point during the sacred liturgy should any ordained minister neglect his responsibility to serve by letting an EMHC take his place. Whether distributing holy communion, purifying the vessels, or approaching the tabernacle, all these functions are the normal and ordinary role of the priest or deacon.

- 1) Proper title is Extraordinary Minister of Holy Communion (EMHC). The only “Eucharistic Ministers” at Mass are priests (*RS*, 154; *NDRHC*, 26).
- 2) EMHC serve for a period of three years, after which they must be recommissioned (*Immensae Caritatis*, Diocesan norms).
- 3) EMHC are only valid in their local parish and are not considered EMHC outside of their parish boundaries (*Immensae Caritatis*, Diocesan norms).
- 4) EMHC must be willing to step down from their duties if additional priests or deacons are present at the liturgy (*RS*, 158).
- 5) EMHC approach the sanctuary after the priest celebrant has received communion (*GIRM*, 162; *NDRHC*, 39; *Guide*, 35).
- 6) EMHC should never take the ciboria or chalices off the altar for distribution, they must be handed to them (*GIRM*, 162; *NDRHC*, 40; *Guide*, 36).
- 7) EMHC are not to line up behind the altar as that posture is normative to the priest (*Guide*, 36).
- 8) The EMHC are not to purify the ciboria or chalices (*GIRM*, 279; *NDRHC*, 53).

[GIRM] – *General Instruction of the Roman Missal*

[NDRHC] – *Norms for the Distribution and Reception of Holy Communion under Both Kinds in the Dioceses of the United States of America*

[RS] – *Redemptoris Sacramentum*

[Guide] – *Guide for Extraordinary Ministers of Holy Communion*

*****Upcoming Dates for Calendar on following Page*****

**Diocese of Palm Beach
Convocation
May 6 - May 9, 2019**

**Mass in honor of graduating
High School Seniors
Cathedral of Saint Ignatius
Loyola
May 5, 2019
5pm**

**Marian Rosary Festival
May 5, 2019
Emmanuel Catholic Church
2pm
Delray Beach**

**Religious Jubilarians
May 18, 2019
Cathedral of Saint Ignatius
Loyola
4:30pm**

High School Graduations		
Cardinal Newman (Kravis)	May 13, 2019	7pm
Saint John Paul II (FAU)	May 18, 2019	12pm
John Carroll	May 17, 2019	7pm (Sunrise Theatre)

**Ordination to the Diaconate (Permanent)
Cathedral of Saint Ignatius Loyola
September 7, 2019
11am**

**Feast of Saint Lawrence
Mass with the Permanent Deacons
August 10, 2019
11am
Cathedral of Saint Ignatius Loyola**