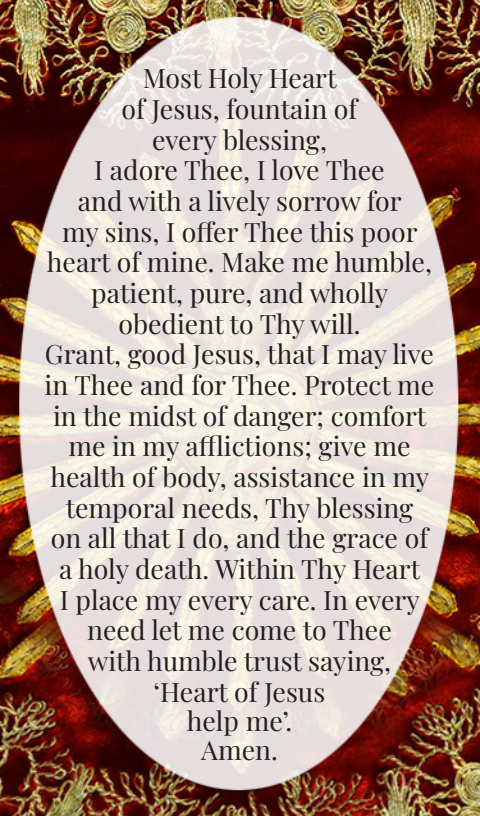


Sacred Heart of Jesus





Most Holy Heart
of Jesus, fountain of
every blessing,

I adore Thee, I love Thee
and with a lively sorrow for
my sins, I offer Thee this poor
heart of mine. Make me humble,
patient, pure, and wholly
obedient to Thy will.

Grant, good Jesus, that I may live
in Thee and for Thee. Protect me
in the midst of danger; comfort
me in my afflictions; give me
health of body, assistance in my
temporal needs, Thy blessing
on all that I do, and the grace of
a holy death. Within Thy Heart
I place my every care. In every
need let me come to Thee
with humble trust saying,

‘Heart of Jesus
help me’.
Amen.